

Making the Best in Ramadan

By Shaikh M. Ibrahim Memon

The Holy month of Ramadan is a great opportunity for all believers to reestablish their relationship with Almighty Allah .

During this month, Allah opens the doors of guidance, mercy, and forgiveness and showers His blessings on mankind.

Blessed are those who avail this opportunity and work hard to obtain the pleasure of Allah .

Following are some points to remember that may help us have a better Ramadan:

Sahoor: Rasulullah said, "Allah sends blessings on those who eat Sahoor (meal before Fajr) and the angels pray for them." (Ibn Habban)

We should never miss Sahoor as it is blessed food and a Sunnah of the Prophet .

Salat Al-Taraweeh: Perform twenty raka'ah of Taraweeh every night.

Salat Al-Tahajud: Other than Taraweeh, perform some raka'ah of Tahajud prayer.

Dua: After Tahajud, spend some time making Dua for yourself, your family, the community, and the whole [Muslim](#) Ummah. This is extremely needed and very few do it.

Every person in the family should engage in Dua and prayers in the darkness of the night and in isolation. Cry before Allah for forgiveness and for all of your needs.

Also wake up your children and teach them how to make Dua to Allah . Teach them how to cry before Allah , for those who do not cry before Allah will have to cry before people like themselves.

Crying and begging to Allah attracts His Mercy.

Rasulullah encouraged his followers to cry when making Dua.

Salah in the [Masjid](#): Try your best to perform every Salah in the Masjid with congregation (jama'ah)

Perform the additional following ibadah:

1. Recite Istighfaar (i.e. Astaghfirallah)
2. Send blessing on Rasulullah
3. Tasbeehaat (i.e. Subhanallah Wal-Hamdulillah wala Illaha Illallah Wallahu Akbar)
4. Recite at least one Juz of the Qur'an every day

Avoid all kinds of sins: Rasulullah said, "Many of those who fast get nothing out of it except hunger" (Nasa'ee) Advising his wife, once Rasulullah said, "O Aishah, refrain from even the minor sins because Allah will question you about them also." ([Ibn Majah](#))

Do not become angry: Avoid all quarrels, fights, and arguments which may lead you to anger.

Use only Halal food bought by Halal earnings. Avoid all doubtful items. Reduce the amount of:

1. Eating
2. Sleeping
3. Talking

Unfortunately, it is very common in many Masajid to sit and chat after [iftaar](#). This time should be used for Nawafil prayers, recitation of the Holy Qur'an, Tasbeeh, and Dua. Masjid is the House of Allah . It must be given its due respect. Disrespecting the house of Allah is disrespect to Allah .

Raising the voice or talking of worldly matters in the Masjid is forbidden.

It is the responsibility of every Muslim to maintain the order, silence, respect, and cleanliness in the Masjid.

May Allah bless and guide all of us.